

COMMERCE MIDDLE LUNCH MENU: February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Tiger Café: Pizza Pasta Salad Garden Salad Fresh Fruit Chocolate/Vanilla Pudding</p> <p>Sandwich Shoppe: Buffalo Chicken Bacon Club w/ <i>Baked Frito Lay Chips</i></p>	<p>7</p> <p>Both Sides: Chicken Rice Casserole/Roll Cheeseburger Green Beans <i>Goldfish Crackers</i> Garden Salad Applesauce</p>	<p>8</p> <p>Tiger Cafe: Spaghetti/Italian Bread WK Corn Garden Salad Sliced Peaches <i>Mayfield Ice Cream</i></p> <p>Sandwich Shoppe: Sub Sandwich Bar (w/ turkey/ham/cheese)</p>	<p>9</p> <p>Both Lines: Chicken Nuggets/Roll BBQ Sandwich Creamed Potatoes Steamed Broccoli Garden Salad Fruit Salad <i>Rice Krispie Treat</i></p>	<p>10</p> <p>Both Lines: Chicken Sandwich Hot Dog Baked Beans <i>Baked Frito Lay Chips</i> Lettuce/Tomato/Pickle Onion/Sweet Relish Assorted Fruits & Desserts</p>
<p>13</p> <p>Tiger Café: Steak & Gravy/Roll Creamed Potatoes English Peas Garden Salad Fresh Pineapple & Grapes Brownie Bite</p> <p>Sandwich Shoppe: Corn Dog w/Potato Wedges</p>	<p>14</p> <p>Tiger Cafe: Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Garden Salad Pasta Salad Sliced Pears Sweetheart Cookie</p>  <p>Sandwich Shoppe: Salad Bar w/ Fajita Chicken & Soft WG Pretzel</p>	<p>15</p> <p>Tiger Cafe: <i>NEW</i> Beefy Cheese Nachos Bean & Cheese Burrito Mexican Rice Lettuce/Tomato/Cheese Jalapeno/Salsa Assorted Fruits Sherbet</p> <p>Sandwich Shoppe: Spicy Chicken Sandwich w/ <i>Baked Frito Lay Chips</i></p>	<p>16</p> <p>Tiger Café: Fish & Shrimp w/Garlic Bread <i>Baked Frito Lay Chips</i> Black-eyed Peas Coleslaw Fruit Cobbler</p> <p>Sandwich Shoppe: Potato Bar w/ Chili</p>	<p>17</p> <p>Both Sides Popcorn Chicken w/Texas Toast BBQ Sandwich Roasted Garlic Potatoes Garden Salad Assorted Fruits & Desserts</p>
<p>20</p> <p>President's Day</p> 	<p>21</p> <p>Tiger Café: Flat Bread Pizza Pasta w/ Marinara Sauce Garden Salad Applesauce Snack Pack Raisins <i>Yoplait Yogurt Cup</i></p> <p>Sandwich Shoppe: Philly Steak & Cheese Sub w/ <i>Potato Wedges</i></p>	<p>22</p> <p>Tiger Café: BBQ Pork Plate w/ Homemade Brunswick Stew <i>Baked Frito Lay Chips</i> Coleslaw Sliced Pears Fresh Baked Cookie</p> <p>Sandwich Shoppe: Cheeseburger w/ <i>Baked Frito Lay Chips</i></p>	<p>23</p> <p>Both Lines: Chicken Nuggets/Roll Beef & Cheddar Melt Creamed Potatoes Steamed Broccoli Garden Salad Fruit Cocktail Animal Crackers</p>	<p>24</p> <p>Tiger Café: Pizza Pasta w/ Marinara Sauce Garden Salad Assorted Fruits & Desserts</p> <p>Sandwich Shoppe: Potato Bar w/ Chili</p>
<p>27</p> <p>Tiger Café: Steak & Gravy/Roll Creamed Potatoes English Peas Garden Salad Sliced Peaches Brownie Bite</p> <p>Sandwich Shoppe: Corn Dog w/ <i>Baked Frito Lay Chips</i></p>	<p>28</p> <p>Tiger Café: Beef Taco Chicken Taco Mexican Rice Refried Beans Lettuce/Tomato/Cheese Jalapeno/Salsa</p> <p>Sandwich Shoppe: Salad Bar w/ Fajita Chicken & Soft Pretzel</p>	<p>29</p> <p>Both Sides: Hot Dog Cheeseburger <i>Baked Frito Lay Chips</i> Baby Carrots w/ Dip Lett/Tom/Pickle/Onion Fresh Fruit Assorted Desserts</p>	<p>March 1</p> <p>Tiger Cafe: Lasagna/Italian Bread WK Corn Garden Salad Applesauce Animal Crackers</p> <p>Sandwich Shoppe: Turkey Cheese Sub w/Potato Wedges</p>	<p>2</p> <p>Both Sides Popcorn Chicken w/Texas Toast BBQ Sandwich Roasted Garlic Potatoes Garden Salad Assorted Fruits & Desserts</p>

Charge Procedure: Students who have charges that exceed \$25.00 will not be allowed to charge meals in the cafeteria. The cafeteria will provide a substitute meal if they need to eat in cafeteria, but do not have money. You may check you child's balance on the parent portal or by calling the cafeteria @ 706-335-5538.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."